

## Selah: Stop, Look, Listen – January 11, 2022

The Lord be with you.

When you come to the fork in the road, take it. That's a yogi-ism, it was spoken by famed New York Yankee catcher, Yogi Berra. That's what Yogi told teammate Joe Gratia about getting to his house. When you come to the fork in the road, take it... You know, there's some pretty good advice in that old yogi-ism is that when you come to a fork in the road of life, when you come to that place where you have to choose to go one way or the other, you can't just wait there, you can't turn back, you have to choose a way to take... And you know sometimes that your whole future depends on the way that you take, and you want God's help.

I have a verse today from the Psalms about coming to a fork in the road of life and seeking the Lord's help. I'm looking at Psalm 37, Verse 5. It's a Psalm of David who had come to many forks in the road of life, and it's the voice of experience when David says Psalm 37:5, Commit your way to the Lord. Trust in Him, and He will act. This is a verse, it was often quoted by missionary doctor and famed explorer David Livingston as he traveled what was unexplored Africa, and this verse often helped Dr. Livingston when he came to that fork in the road. Commit your way to the Lord. Trust in Him. And he will act. And I'm thinking that this might be just the verse for you today. As you're needing to make a decision, as you're needing to choose which way to go.

So let's look a little more closely at these words, commit, commit your way to the Lord. The Hebrew word translated commit is the word galal, that's G-A-L-A-L. And the basic meaning of galal is to roll... It is frequently used in the Old Testament of rolling a stone, rolling a stone over a well, and it is often used for rolling a heavy burden, and so David is saying here, commit that is role the weight, the burden of your way unto the Lord. It's a word picture. Take the weight of your future off your shoulders and roll it on to commit it to the Lord, take all those plans, those hopes, those dreams for your future and commit them, roll them on to God's shoulders. Commit them to the Lord entirely by prayer. As you give it all to him, commit your way to the Lord.

Commit your way, that is the course of your life, the way ahead. Commit it to the Lord. Trust in Him. The Hebrew word for trust here is batach, and it is a word that we talk about frequently as batach means to cling to or to throw oneself onto God. Trust in the Lord, cling to him. Throw the weight of your life unto the Lord to do for you what you cannot do. Then David says, Trust in Him, and He will act. That is you roll all of it into God's hands and He will act the moment that you do that, you free God to move and to work in your life.



Here's how Solomon the Wise says it in Proverbs chapter 16:3, commit, galal, Commit your work to the Lord, and your plans will be established. I have a friend who likes to say, If God is your co-pilot switch seats. I like that. Trust God with your life. Trust God to lead you. As you roll onto his faithful shoulders, all the burden, all the weight onto him.

I close out with the blessing of the Apostle Paul in Romans 15:13, may the God of hope fill you with all joy and peace in believing. So that you may abound in hope by the power of the Holy Spirit.

I am Tim Smith, a fellow traveler. Thanks for listening until next time.