



water from rock

Selah: Stop, Look, Listen- January 9, 2024

The Lord be with you.

Do you long for the reality of God to be more real for you? Do you long to experience more of God in your daily living? I know I do. And I'm thinking that you might as well as we begin this new year. And so I want to pass on to you what has become a very important spiritual discipline for me. One that really does make the reality of God more real for me.

The last time I talked with you, I, I talked about the spiritual discipline of meditating on scripture that carries God's sure promise of true success in life. Meditating on scripture. Today. I want to pass on to a spiritual discipline that I, I stumbled across actually, as I was meditating on scripture, meditating on Psalm 16, that in Psalm 16 verse eight, King David, the Psalmist writes these words. He says, I keep the Lord always before me because he is at my right hand, I shall not be moved. And as I meditated on that verse, I was struck by the idea of always keeping the Lord before me and my right hand keeping the Lord before me, as I went into a meeting, as I talked to a neighbor, as I took on a difficult assignment, keeping the Lord before me. And then I came across the daily God hunt and I have shared this spiritual discipline of the daily God hunt with many people across the years.

And I just have to tell you that years later, people remember the daily God hunt and they talk to me about it with excitement. I mean, people really take to the daily God hunt. The daily God hunt is a biblical practice that you will, you will find it one way or another throughout the Bible. But it is called The Daily God Hunt by David and Karen Mains in their book. Daring to Dream again. Some people hunt for gold. Some people hunt for deer, some hunt for buried treasure, for mushrooms, for rare flowers.

I mean people hunt for all kinds of things, but the daily God hunt is hunting for God. And here's how you do the daily God hunt.

Well, you start the daily God hunt first thing in the morning with a simple prayer, a simple prayer, just telling God that you're going to be hunting for Him. You're going to be watching for God throughout your day. And then with your eyes wide open to God's presence like David says in Psalm 16, the God who was always before you, you look for God in ways in ways like this.

Well, you look for God in an answer to prayer. You look for God showing himself in the beauties of the wonders of creation. I mean, like a beautiful sunrise, like a beautiful flower.

I mean, recently my wife and I, we were out for a walk and we were stopped by this exquisite beauty of a flower and, and you know, as I, as, as I looked at the flower, I just had to say to my wife, you know, God is really showing off. You look for God being present to you and another person, it might be in the words of a friend, it might be something that a person does for you. I mean, it's God present to you. You look for God helping you to do his work in the world.

Perhaps you, as you teach a children's Sunday school class, are you, are you talk to a neighbor about Jesus? You, you look for God. You hunt for God in any experience that you have of His



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love and His care for you. Well, I could go on and on here about various ways in which you can see God in your day.

Ok? Then, then as you come down to the end of your day, you think back over your day and you call to mind. You remember, well, what I call God sightings. You remember those times that God showed up in your day and you sighed Him. God sightings my wife and I will often light a candle before we do this as a reminder of God who is always present with us. But you think back over your day and you remember your God citing our sightings. I've seen many people do the daily God hunt and, and, and God really begins to come alive for them in their day. And then something that can add to, to, to the fun of the daily God hunt is to share a God sighting with another person.

As you tell that person, how, how God showed up for you in your day. And, and I think you'll find that you will be encouraged and strengthen yourself as you do that and that the other person that you share it with,, they, they will be encouraged to, I mean, you might even encourage your friend to, to join you in the Daily God hand. Often when I begin teaching a class, I will, I, I will first ask people to share their God sightings. And I'm always amazed at how people jump at the opportunity and how they are alert to God showing up in their lives.

Sometime my wife will ask me or I will ask her, did you see Andy today? Did you see Andy? Today, our question is based on the little boy who thought God's name was Andy because of the song. And he walks with me and he talks with me and he tells me. I am his own. And our question.

Did you see Andy? Well, it, it leads us to share a, a God sighting how God did, in fact show up for us in our day. There was a time in my life where I so longed and IIII, I just prayed to God Lord. I want you to know, I want to know you like how I sing about knowing you that you really do walk with me. You really do talk with me and tell me that I am your own.

I want to know you in that way. And I have to say that psalm 16 8 and the daily God hunt has really helped me grow in my walk with God. I keep the Lord always before me because he is at my right hand. I shall not be moved.

I am Tim Smith, a fellow traveler. Thank you for listening. Until next time.